

# Welcome to Greater Green Bay Figure Skating

## Bridge to Club Program



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### **What is the Bridge to Club Program?**

Skaters who have passed Basic 5 are invited to become members of the Greater Green Bay Figure Skating Club. The club offers ice year-round. Off-ice classes, competitions, synchronized skating teams, testing, ice shows, exhibitions, awards banquet, SKATING magazine, and so much more! Joining the club is the best way to pursue your interest in skating.

Skaters can pick a 4 week or an 8-week term. In the 4-week program, skaters skate twice a week for 4 consecutive weeks. In the 8-week program, skaters skate once a week for 8 weeks. Skaters are given the opportunity to take private lessons with our club coaches on a rotational basis, and skate on club ice. Skaters will get one 30-minute lesson, and the remainder of the session will be for practice. Only coaches who have schedule openings will work with the student. This is an easy way to "sample" GGBFSC instructors and learn about the club.

Cost: \$112 includes ice and instruction.

### **Contracting Ice:**

The current price for a 55-minute club session is \$14. You can purchase punches through Entryeeze for as many sessions as you would like. Punches must be used within the current Spring/Summer or Winter sessions; they will not be carried over to the next session. Please see the link for a short video on how to contract ice. Ice can be contracted or changed up to midnight the night before.

<https://youtu.be/ZdPCa3VNja4>

### **Walk on Passes:**

If you decide to skate and did not book ice the night before you can purchase a Walk on Pass. A Walk on Pass cost \$16 and payment **MUST** be put in the Club box hanging at the rink the same day. If you fail to pay the day of your account will be charged a \$10 fee.

### **Ice Numbers:**

The max number of skaters allowed on a paid session is 22. If your skater decides to do a Walk on Pass and the max number of skaters have contracted ice your skater will not be allowed to skate. That is why it is important to Contract Ice 😊

## Choosing A Coach:

GGBFSC has many qualified coaches available for lessons. A current listing of coaches, their qualifications and fees is posted on the club website. Talk to other skaters (and parents) who have been skating a while to see what their experiences have been like, talk to coaches you have an interest in, and watch them working with their students.

Be aware that there is a limited amount of ice time at all rinks, and instructor's schedules will fill up. You may not be able to make arrangements with your first choice. You will deal directly with the coach, not the club or rink to set up lessons and pay fees.

Your coach is a critical part in your skating experience. It is important to heed their advice. They will determine suggested practice times and make suggestions regarding testing and competing. In general, a coach may spend about 15 to 20 min. per 55 min sessions on the ice with a skater.

You will receive a separate bill from your coach for time spent with each skater. They also charge for time spent with the skater at test sessions and competitions, as well as travel expenses.

## Equipment

Being a successful skater does not require fancy equipment, but it is important that you have properly-fitting skates; warm, comfortable clothes and a pair of gloves or mittens.

### Skates

It is essential that skates fit properly. Skates that are uncomfortable or too big will frustrate beginning skaters. It's important to take the time to find a pair that offers adequate support and fits comfortably. Always take a little walk in your skates before going on the ice to help make sure they fit properly.

**Fitting** - Your heel should be as far back inside the boot as possible and should not be able to slide up and down once the skates are properly laced. Your toes, however, should not feel pinched. Once the skates are laced, you should be able to wiggle them.

Find skates that offer adequate ankle support. If a skate boot lacks support, you will need to use a lot of strength just trying to stay upright.

Socks or tights are very important as well. Your feet will feel best if you wear one pair of lightweight socks or tights. Bulky or thick socks can limit the skater's support and create uncomfortable "bumps" inside your boots.

**Lacing** - To get started with proper lacing, tap your heel back into the boot as far as possible. Pull the tongue completely up and try to secure it straight up and down before tucking it beside your foot. Lace from the bottom to the hooks. If extra lace remains, try to cross it over the hooks neatly. Do not wind the extra lace around the skates.

**Taking care of your skates-** Never walk on hard surfaces or concrete with uncovered blades-this will ruin them. If you own skates, purchase a pair of hard skate guards for walking off the ice to protect your blades. Always dry off your blades with a towel before storing them in your soakers. Wet blades may rust, and rusted blades will not glide well. Also keep your blades sharp. Sharp blades grab the ice better than dull ones, especially when stopping. It is recommended to have your skates sharpened every 20-40 hours of skating.

### **Club Apparel**

Apparel can be purchased from our website: <http://neworder.jammin.com/qgbfsc>

We also occasionally have a used apparel sale at the rink that allow you to bring your own items to sell.

### **Concussions and Safety**

Unfortunately, concussions happen in many sports. We want you to be aware of the symptoms and be informed about concussions just in case you or your skater gets injured. GGBFSC's website has information for you at: [www.greatergreenbayfsc.com/ConcussionParents.pdf](http://www.greatergreenbayfsc.com/ConcussionParents.pdf).

### **Ice Safety**

Bridge students will receive a binder of information during there first Bridge session. Within the binder is important safety information that the coach will go over with the skater. It is important for everyone's safety that all skaters stay aware of other skaters on the ice.

### **Other Opportunities for Club Members**

**Spring Ice Show** - The Spring Ice Show is usually held in May. The show is open to all levels of skating. The Spring Ice Show is the club's biggest event of the season.

**Holiday Exhibition** - This is a super Holiday Show. Your skater will be able to perform a number with fellow Club members. This event is held in December.

**Competition** - Skaters can compete in individual skills or skate a program to music. All levels can compete. Coaching fees and competition registration fees are separate. Talk to your coach for available Competitions at your skaters' level.

**Awards Banquet** - The banquet is usually held in May after the Spring Show and is a celebration of accomplishments for the skaters as well as the club.

**KICKS Synchronized Skating** - Our Synchro team has three levels: Beginner, Pre-Juvenile and Open Juvenile. Coach Lynnae is the head Synchro coach and would be able to answer any questions for you.

**Testing** - The test structure is often called the "backbone of U.S. Figure Skating." It is the national standard that you are measured against. U.S. Figure Skating tests are offered in the following tracks:

1. Moves in the Field
2. Free Skate
3. Pattern Dance or Solo Pattern Dance
4. Free Dance or Solo Free Dance
5. Pairs

**Specialty Classes** - Most specialty classes take place in the summer but some coaches do offer off ice classes year round.

### **Volunteer Requirements**

4 Hours of Ice Monitoring for our Fall and Spring ice sessions.

Please see the video on what an Ice Monitor does: <https://youtu.be/VYA8uQ7eGDM>

5 hours at our Annual Spring Ice Show.

5 hours during Skate Green Bay.

1 hour for each participating Club test session.

**"Opting out" is not an option for the above volunteer requirements.**

**AND**

12 additional hours a year for Full & Introductory Memberships

6 additional hours a year for Associate Memberships

**OR**

Serve on a GGBFSC Committee: Testing, Welcome Committee, Girl Scout Event, Christmas Exhibition, Marketing, Competitions or Spring Ice Show

**OR**

Opt out of Volunteer hours by paying \$180 for Full & Introductory Memberships. Associate members must pay \$90 to opt out.

All Volunteer spots are reserved through Entryeeze. Please see the link for a how-to sign-up video: <https://youtu.be/Da3C8CUydv8>

## Fundraising Opportunities

Our Fundraising committee is currently looking for new ways for our families to raise money for Club ice expenses.

The current options are as follows:

**Shell Gas Cards:** Gas cards can be purchased in any increments and 10% of the total will be credited to your Entryeze account. Once the credit is posted you can use it toward your skater's ice cost. Gas cards are ordered by Coach Michelle Vande Hey (gbsk8coach2@sbcglobal.net) every other week.

**Script:** Script in an online/app program that allows you to purchase gift cards and a certain percentage of your purchase goes back to your account. **Our club code number is: 2CFFE6D445936.** Feel free to check out the savings at:

<https://shop.shopwithscrip.com/Login>

## Communication

Facebook page for the Club: Greater Green Bay Figure Skating Club

Facebook used Sales: Greater Green Bay Figure Skating Sales

Instagram: ggbfsc

Club Website: [greatergreenbayfsc.com](http://greatergreenbayfsc.com)

Learn to Skate Email: [ggbfsc.lts@gmail.com](mailto:ggbfsc.lts@gmail.com)

Learn to Skate Membership Director: Sarah Schoen - 920-819-9308